

Fee Schedule

Effective 1st April 2026

Eat Love Live is committed to providing compassionate, individual, evidence informed and effective support for all our clients.

All Eat Love Live clinicians have additional training in supporting people with eating disorders and many are [Credentialed Eating Disorder Clinicians](#) (CEDC).

After an initial assessment session with a client the clinician will spend considerable time formulating a support plan, connecting with treatment teams and completing the relevant documents and communication. This is reflected in the higher cost of initial assessments.

*Note 50 min session appear as 60 min in the calendar and booking system

Clinician Type	Appointment Type	Duration	Price	Rebate available (If eligible)	Out Of Pocket
Dietitian	Initial assessment	50 minute client facing time	\$255	Medicare rebate: \$61.80	\$193.20
	Standard Review	50 minute client facing time	\$240	Medicare rebate: \$61.80	\$178.20
	Short Review <i>(Only available for select practitioners)</i>	30 minutes	\$140	Medicare rebate: \$61.80	\$78.20
Early Career Dietitian	Initial assessment	50 minute client facing time	\$240	Medicare rebate: \$61.80	\$178.20
	Standard Review	50 minute client facing time	\$225	Medicare rebate: \$61.80	\$193.20
	Short Review	25 minutes	\$135	Medicare rebate: \$61.80	\$73.20

	<i>(Only available for select practitioners)</i>				
Dietetic Counselling (Louise Grech)	Standard session	50 minute client facing time	\$255	Medicare rebate: \$61.80	\$193.20
Physiotherapist	Initial assessment	50 minute client facing time	\$255	Medicare rebate: \$61.80	\$193.20
	Standard Review	50 minute client facing time	\$240	Medicare rebate: \$61.80	\$178.20
	Short Review	25 minutes client facing time	\$140	Medicare rebate: \$61.80	\$78.20
Psychology (Registered Psychologist)	Initial assessment	50 minute client facing time	\$270	Medicare \$98.95	\$171.05
	Standard Review	50 minute client facing time	\$255	Medicare \$98.95	\$156.05
Family Therapy/ Eating Disorder Carer Support Specialist	Solution-Focused Single Session	50 minute client facing time	\$215	N/A	N/A
	Solution-Focused Single Session	80 minute client facing time	\$215	N/A	N/A
	Family/Carer Consultation - Initial	50 minute client facing time	\$215	N/A	N/A
	Family/Carer Consultation -	50 minute client facing time	\$180	N/A	N/A
	Supervision	50 minute client facing time	\$165+GST	N/A	N/A

*Medicare rebates current February 2026

*There will be an annual approx 3 % price increase

Administration to support client care

This may include and is not limited to:

- Clinician time to attend and engage in case conferences and meetings that are not covered by Medicare care plan item numbers.
- Support and advocacy letter writing including for special consideration, disability support, NDIS plan creation and miscellaneous that require more than the non-client facing time of sessions; and are not covered by Medicare item numbers or NDIS plans.
- Creating reports and additional considerable communication about sessions for a parent not in the session, such as split families.

Session duration

Initial assessments and reviews are 50 mins (booked 60 min in the diary to allow clinicians 10 min between sessions for notes). Physiotherapy has a 30 min sort review session available (25 minute client facing time/ 5 minutes notes and administration).

In some cases a dietitian may recommend a 30 min session (25 minute client facing time/ 5 minutes notes and administration); these are at the discretion of the clinician and need to be booked with the clinician or over the phone with reception with the clinicians permission. They **can not** be booked online. If you book a standard session you are liable to pay the full cost of the clinicians time.

The clinician will discuss with you when it is appropriate clinically to book shortened reviews.

Medicare rebates:

Dietitian and Physiotherapy:

Face to Face and Telehealth Medicare rebate: \$61.80 (Correct as of December 2026)

Care plans Medicare rebates are currently accessible for at Eat Love Live:

- GP Chronic Condition Management Plan (GPCCMP)
- Eating Disorder Management Plan (EDMP or EDP)

Registered Psychologist:

Face to Face and Telehealth Medicare rebate: \$98.97 (Correct as of December 2026)

Care plans Medicare rebates are currently accessible for at Eat Love Live:

- GP Chronic Condition Management Plan (GPCCMP)
- Eating Disorder Management Plan (EDMP or EDP)
- Mental Health Treatment Plan

Private Health Insurance rebates:

Please check with your private health insurance provider to see if your plan covers Nutrition & Dietetics or Physiotherapy.

Financial hardship:

If you are experiencing financial hardship during this time, please speak to your clinician. We may be able to support you with reduced fees.