

EAT LOVE LIVE



Fee Schedule

Eat Love Live is committed to providing compassion, individual, evidence informed and effective support for all our clients.

All Eat Love Live clinicians have additional training in supporting people with eating disorders and many are [Credentialed Eating Disorder Clinicians](#) (CEDC).

After an initial assessment session with a client the clinician will spend considerable time formulating a support plan, connecting with treatment teams and completing the relevant documents and communication. This is reflected in the higher cost of initial assessments.

Dietitian and Physiotherapy

Face to Face and Telehealth Consultations

- Initial assessment (60 minute) - \$240
- Standard Review (60 minute) - \$225
- Review (45 minutes) - \$180
- Short Review (30 minutes) - \$125

(May be eligible for Medicare rebate and private health insurance)

Early Career Dietitian (From January 2026)

- Initial assessment - \$225
- Standard review (60 minute) - \$210
- Short review (30 minutes) - \$120
- Report writing, advocacy letters & extra administration to support client care (per hour or pro rata) - \$210

(May be eligible for Medicare rebate and private health insurance)

Family Therapy/ Eating Disorder Carer Support Specialist

Face to Face & Telehealth Consultations:

- Solution-Focused Single Session (50 minute session) - \$200
- Solution-Focused Single Session (90 minute session) - \$260
- Family/Carer Consultation - Initial (50 minute session) - \$200
- Family/Carer Consultation - Review (50 minute session) - \$165
- Supervision - Individual (50 minute session) - \$150 plus GST

(Not eligible for Medicare rebate and private health insurance)

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Session structure:

Client facing time

This is a minimum for 3/4 of the allocated time and includes the time that the clinician and client are interacting.

Non-client facing time

This is a maximum of 1/4 of the allocated session time and is the time that the clinician spends engaged in associated administration that ensures quality care and optimal outcomes. This includes time to prepare for the session, time to review and reflect post session and document important information. This also includes time connecting and advocating with the multidisciplinary care team to ensure consistent, evidence-based support and optimum outcomes for the client.

Administration to support client care

This may include and is not limited to:

- Clinician time to attend and engage in case conferences and meetings that are not covered by Medicare care plan item numbers.
- Support and advocacy letter writing including for special consideration, disability support, NDIS plan creation and miscellaneous that require more than the non-client facing time of sessions; and are not covered by Medicare item numbers or NDIS plans.
- Creating reports and additional considerable communication about sessions for a parent not in the session, such as split families.

Session duration

Please consider when booking reviews the time you will need to address all the items on your agenda. We recommend reviews are booked as the Standard Review (60-minute session time in the calendar), especially during the assessment period and when starting to work with a clinician.

The clinician will discuss with you when it is appropriate clinically to book shortened reviews.

If a Standard Review is booked and all of the time is not needed; such as the consultation and non-client facing time is completed within a short review period - the lower fee will be charged.

Medicare rebates:

Face to Face and Telehealth Medicare rebate: \$61.80 (Correct as of December 2026)

Care plans Medicare rebates are currently accessible for at Eat Love Live:

- GP Chronic Condition Management Plan (GPCCMP)
- Eating Disorder Management Plan (EDMP or EDP)

Private Health Insurance rebates:

Please check with your private health insurance provider to see if your plan covers Nutrition & Dietetics or Physiotherapy.

Financial hardship:

If you are experiencing financial hardship during this time, please speak to your clinician. We may be able to support you with reduced fees.