

# CLIENT RESOURCES:

## ONLINE COURSES:

Title:	Author:	Link:
Intuitive Eating Fundamentals & Intro to Intuitive Eating	Christy Harrison	<a href="#">Online course link</a>
Untrapped	Louise Adams	<a href="#">Online course link</a>
The PCOS & Food Peace Course	Julie Duffy Dillon	<a href="#">Online course link</a>
Raising Intuitive Eaters	London Centre for Intuitive Eating	<a href="#">Online course link</a>