

# CLIENT RESOURCES:

## VIDEOS:

Title:	Author:	Link:
Body Positive or Body Obsession?	Lindsay Kite	<a href="#">Video link</a>
Body positive	Beauty Redefined	<a href="#">Youtube channel link</a>
Eating Disorder information	Eva Musby	<a href="#">Youtube channel link</a>
Embrace Documentary	Taryn Brumfit	<a href="#">Website link</a>
Fattitude Documentary	Lindsey & Viridiana	<a href="#">Website link</a>