

CLIENT RESOURCES:

WEBSITES:

EATING DISORDER HELP:

| Company | Website |
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| Within Australia | |
| Eating Disorders Victoria | www.eatingdisorders.org.au |
| The Butterfly Foundation | www.thebutterflyfoundation.org.au |
| Something Fishy - Eating Disorders information Website | www.something-fishy.org |
| Bulimia Help | www.bulimiahelp.org |
| ANZAED: Australian and New Zealand Academy for Eating Disorders | www.anzaed.org.au |
| Eating Disorders Australian National Coalition | www.edann.org |
| Eating Disorders First Aid Guidelines - Compiled by Mental Health First Aid | http://www.mhfa.com.au/ |
| The Centre of Excellence in Eating Disorders (CEED)-Victoria | www.ceed.org.au |
| Eating Disorders Families Australia | https://edfa.org.au |
| Family Led Refeeding and Recovery Resource Package | https://ceed.org.au/resources_links/family-led-refeeding-and-recovery/ |
| International | |
| The National Eating Disorder Information Centre (NEDIC)- Canada | www.nedic.ca |
| Mirror Mirror | www.mirror-mirror.org |
| The Eating Disorders Association of Ireland- Ireland | www.bodywhys.ie/ |

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| Eating Disorders Association (B-Eat)- United Kingdom (UK) | www.b-eat.co.uk |
| Eating Disorder Expert | www.eatingdisorderexpert.co.uk |
| Academy for Eating Disorders- United States | www.aedweb.org |
| Eating Disorders Coalition for Research, Policy & Action | www.eatingdisorderscoalition.org |
| Eating Disorder Hope | www.eatingdisorderhope.com |
| National Association for Anorexia Nervosa and Associated Eating Disorders Inc.- USA | www.anad.org |
| National Eating Disorders Association- USA | www.nationaleatingdisorders.org |
| FEAST - Families Empowered and Supporting Treatment of Eating Disorders -USA | https://www.feast-ed.org |
| Maudsley Parents - international | http://www.maudsleyparents.org |
| June Alexander, author of My Kid is Back: Empowering Parents to Beat Anorexia | https://thediaryhealer.com |
| Parents Survive to Thrive Guide | https://keltyeatingdisorders.ca |

WEBSITES:

| Title: | Link: |
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| Eating Disorder: | |
| Butterfly Foundation | https://thebutterflyfoundation.org.au |
| Eating Disorders Victoria | https://www.eatingdisorders.org.au |
| National Eating Disorders Collaboration | https://nedc.com.au |
| Beauty Redefined - More Than A Body | https://www.morethanabody.org |
| BodyMatters Australasia | https://bodymatters.com.au |
| InsideOut Institute for Eating Disorders | https://insideoutinstitute.org.au/#gsc.tab=0 |

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| Centre of Clinical Interventions | https://www.cci.health.wa.gov.au |
| Fitness: | |
| Judgement free fitness! Online and in-person, group and individual work | https://www.diversepersonaltraining.net |
| Diverse personal training | https://www.patreon.com/diversepersonaltraining and https://www.youtube.com/channel/UCr7gFlb14dQnk5XT0tvuADg |
| Children & Teenagers: | |
| National Eating Disorder Association | Talking To Your Child About Weight Bias |
| Comfy Fat | How To Talk To Your Kids About Fat Bodies |
| Think or Blue | 10 Ways to Get Started with Intuitive Eating for Kids |
| The Full Bloom Project | The Full Bloom Project <ul style="list-style-type: none"> • Intro to diet Culture • Intro to weight stigma |
| Ellyn Satter Institute | Ellyn Satter Institute |
| Sunny Side Up Nutrition | Sunny side up Nutrition Blog |
| Katherine Zavodni | Katherine Zavodni Blog |
| Stephanie Dodier | Stephanie Dodier |