

# CLIENT RESOURCES:

## SOCIAL MEDIA:

Name:	SM handle:
<b>Non-diet / Intuitive Eating / HAES</b>	
The Mindful Dietitian - Fiona Sutherland	@themindfuldietitian
Katherine Metzelaar	@bravespacenutrition
Christy Harrison	@chr1styharrison
Katheleen Bishop	@body_peace_liberation
Mia Findlay	@whatmiadidnext
Erin Murnane	@balanceandbitedietitian
Marina Payne	@food.with.kindness
Georgia Hexter	@oftengood
Georgie Buckley	@georgiebuckley_dietitian
Nadia Felsch	@nadiafelsch
Lauren Cadillac	@feelgooddietitian
Nina Mills	@feelgoodeating
Marnie Nitschke	@forkthatnutrition
Taylor Wales-Ryan	@the_sportsdietitian
Emma Symth	@emmasmyth.nutrition
Cassie Barnard	@cassiebarnard_dietitian
Cassie Barnard & Ariana	@embodyhealthlondon
Nina	@nutritionparlour
Zoe Nicholson	@zoe.dietitian.lovetheyoueat

Karli Battaglia	@dietitian_karli
Lou Grech	@compassionatenutritionist
Alexis Conason	@theantidietplan
Anna Sweeney	@dietitiananna
Jaz	@jaznutrition
Pixie Turner	@pixienutrition
Size Inclusive Health Australia	@sizeinclusivehealthau
Emily Murray	@emilymurray.rd
Dylan Murphy	@dylanmurphy.rd
Lyndi Cohen	@nude_nutritionist
Christyna Johnson	@encouragingdietitian
Joshua Wolrich	@drjoshuawolrich
Marci Evans	@marcird
Heather Caplan	@heatherdcrd
Kiah Paetz	@nutritionbykiah
Megan Boswell	@thehealthylabel
Sophie Rindfleish	@healthybodyhealthymind
Laura Thomas	@laurathomasnutrition
Emily Vazquez	@emmysyummys
Colleen Christensen	@no.food.rules
Christina	@christinaskitchens
Shana Minei Spence	@thenutritiontea
Hannah Magee	@hannahmagee_rd
Elle Kelly	@ellekellynutrition
Monique Jephcote	@the_intuitive_dietitian
Lexi Moriarity	@bebalanced.dietitian

Eating Disorder Support	
Ryan Sheldon	@realryansheldon
Volunteer-run support page	@beatingeatingdisorders
endED	@endedaustralia
Shannon	@bingeeatinghope
Robyn Goldberg	@robyngoldbergrdn
Amy	@creativementalhealthyoga
Eating Disorders Victoria	@eatingdisordersvictoria
Harriet Frew	@theeatingdisordertherapist_
Lauren Mulheim	@eatingdisordertherapyla
Family Support	@eatingdisorderfamilysupportnet
Marie-Pier	@the.balanced.practice
Kelli Rugless	@dr.kellirugless
Uncovery	@uncovery.ed.coaching
First Steps ED	@firststepsed
Eating Disorders Neurodiversity Australia	@edneuroaus
Imee	@im_powering
Alex Rodriguez (APD)	@arod_dietitian
River Oak Health	@riveroakhealth
The Butterfly Foundation	@thebutterflyfoundation
Rebecca	@recoveryrebecca
Korey Baruta (APD)	@nutrition.for.every.body
Dr Fran Beilharz	@drfranbeilharz
Marissa Kai Miluk	@binge.nutritionist
Saabira	@saabiraw.therapist

Ryan Prentice	@itsryannnicole
Zeynep Demirelli	@realistic.body.therapist

Body Positivity	
Fat Doctor	@thefatdoctorpodcast
Victoria Welsby	@fierce.fatty
Aubrey Gordon	@yrfatfriend
Kathryn	@fat_mystic_art
Haven with Anna	@havenwellnessstudio
WIND - various	@weightinclusivenutrition
Sam	@curvysam
The Body Positive Collective	@_bodypositiveco
Katie Parrott	@katie_parrott
April Hélène-Horton	@thebodzilla
Jo Bartley	@icurvy
Jessie Cassandra Hall	@jessiecassandrahall
Chantelle Ellem	@fatmumslim
Melissa Doughty	@melissajadestyle
Sarah-Elyss	@stylenotsize
Kate	@itskatejanmaree
Lucy Ryan	@thatgirl_lucyryan
Maddy Zanatta	@maddyzanatta
Sarah	@my.wardrobe.wonderland
Suzanne Stevens	@suzie_stevens
Stace McGregs	@stace_mcgregs
Lacey-Jade Christie	@laceyjadechristie

Nicola Salmon	@fatpositivefertility
Plus size fashion market (Melbourne/Naarm)	@aplusmarket
That Fat Diva	@milohartill
Beauty Redefined	@beauty_redefined
Charlotte Markey	@char_markey
Zoë Bisbing	@mybodypositivehome

### Body Positive Fitness

<b>Body Positive Fitness</b>	
Amy Snelling	@amysnellingpt
Lucy Mountain	@lucymountain
EYCZ Body Positive Adventures	@escapingyourcomfortzone
Various - community support	@bodypositivefitness_
Shelley Lask	@bodypositivehf
Janine Biagi	@coach_janinebiagi
Alayna Curry	@alaynajcurry
Marnie	@marniesgettingfit
Mary McCallum	@mary.mccallum
Tally Rye	@tallyrye
Beth	@sportybethcf
Becky - Dance inspired group exercise classes	@missfitsworkout
Sohee Carpenter	@soheefit
Shae	@randommovements
Ivy Baron	@requisitepilates
Keri Harvey	@kharveyfit

<b>Mental Health Support</b>	
Mental Health Charity	@voicesofhope
Natalie Peikoff	@kneadtotalk
Dr. Amiee Maxwell	@dr.aimeemaxwell.psychologist
Dr. Adriana Ventura	@dradrianaventura
Mental Health Support	@mentalhealthsupport.__
Global MHS	@globalmhsnetwork
Various	@sunshine.support
The Depression Project	@realdepressionproject
Worldwide Mental Health Movement	@fightthroughmentalhealth